

**FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA**  
**SCHOOL OF SCIENCE AND TECHNOLOGY EDUCATION**  
**DEPARTMENT OF SCIENCE EDUCATION**

**SECOND SEMESTER EXAMINATION**

**SESSION: 2014/2015**

**COURSE TITLE: GUIDANCE AND COUNSELLING**

**COURSE CODE: EDU 323**

**CREDIT UNIT: 2UNITS**

**Instruction: Answer any THREE questions only.**

- 1(a). Define clearly but **briefly** the twin terms Guidance and Counselling.
- (b). List and explain **briefly** five **goals** of guidance and counselling.
- (c). Explain any five **functions** of guidance and counselling.
- (d). List and explain **briefly** any five **Characteristics** of an effective counsellor.
2. Write short notes on any **four** of these counselling theories.
  - i. Trait and factor theory by E.G. Williamson.
  - ii. Psychoanalytic theory by Sigmund Freud.
  - iii. Skinners' Operant Conditioning theory.
  - iv. Transactional Analysis theory alias (I'm ok you are ok) by Eric Berne.
  - v. Client Centered theory by Carl Rogers.
3. Explain clearly any **four** of these counselling concepts.
  - i. Counselling **Skills**.
  - ii. Counselling **Ethics**.
  - iii. Counselling **Techniques**.
  - iv. Guidance **Services**.
  - v. Counselling **Principles**.
4. How will you offer guidance and counselling help to students who are experiencing any **four** of these life challenges on campus.
  - i. Drug Abuse
  - ii. Anger
  - iii. Poor academic performance
  - iv. Laziness
  - v. Career choice
  - vi. Pride
  - vii. Examination malpractice