INTEGRATION OF ECO-FRIENDLY DESIGN STRATEGIES FOR HOLIDAY RESORT CENTRE IN DIKO, NIGERIA

BY

TSADO, Seth Baba

MTech/SET/2019/9653

DEPARTMENT OF ARCHITECTURE FEDERAL UNIVERSITY OF TECHNOLOGY MINNA

AUGUST, 2023

INTEGRATION OF ECO-FRIENDLY D ESIGN STRATEGIES FOR HOLIDAY RESORT CENTRE IN DIKO, NIGERIA

BY

TSADO, Seth Baba

MTech/SET/2019/9653

A THESIS SUBMITTED TO THE POSTGRADUATE SCHOOL FEDERAL UNIVERSITY OF TECHNOLOGY MINNA, NIGERIA IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE AWARD OF THE DEGREE OF MASTER OF TECHNOLOGY IN ARCHITECTURE.

AUGUST, 2023

DECLARATION

I hereby declare that this thesis titled "Integration of Eco-Friendly Design Strategies for Holiday Resort Centre in Diko, Nigeria" is a collection of my original research work and it has not been presented for any other qualification anywhere. Information from sources (published or unpublished) has been duly acknowledged.

TSADO, Seth Baba MTech/SET/2019/9653 FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA, NIGERIA.

SIGNATURE & DATE

iii

ENGR. PROF. O. K. ABUBAKRE DEAN OF POSTGRADUATE SCHOOL FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA, NIGERIA

PROF. O.A KEMIKI DEAN OF SCHOOL OF ENVIRONMENTAL TECHNOLOGY

Signature & Date

Signature & Date

Signature & Date

Centre in Diko, Nigeria" by TSADO, Seth Baba (MTech/SET/2019/9653) meets the regulations governing the award of the degree of MTech in the Department of Architecture, Federal University of Technology, Minna and it is approved for its contribution to scientific knowledge and literary presentation.

This thesis titled "Integration of Eco-Friendly Design Strategies for Holiday Resort

CERTIFICATION

DR. O. K. AKANDE SUPERVISOR

DR. A. D. ISAH

HEAD OF DEPARTMENT

Signature & Date

DEDICATION

I dedicate this research to the glory of God Almighty, my family, my sponsors, my supervisors, my friends and to the entire technical team of the Proposed Walter Miller University Diko, Niger State.

ACKNOWLEDGEMENT

My sincere and deepest gratitude to God Almighty for the grace given to me from the start to finish of this project. I honestly appreciate the Head of Department, Dr. A.D Isah, for his selfless contribution to the success of this research work. I also wish to acknowledge the sacrifices and intellectual support of my supervisors, Dr. O. K Akande and Dr. J.C Eze. By extension, I remain super grateful to all the lecturers of the department for their immeasurable impact on my career pursuit.

I would like to specially thank Prof. Jonathan O. Ndagi OON, who always motivates and supports my dream and quest for knowledge. To my family, friends, and choristers, I am sincerely grateful for all the encouragement, prayers, and support.

ABSTRACT

Environmental Design refers to the construction of shelters under various climatic conditions. Eco-friendly buildings have the potential to provide an opportunity for humans to explore nature and its resources, addressing the growing need to preserve the natural environment. In Nigeria, the consideration of eco-friendliness, green concepts, sustainability, and environmental issues is often lacking in the design and renovation of buildings. This leads to a deficiency in the use of sustainable building materials, among other components, which are frequently overlooked during the design and construction process. However, the challenge facing environmental architecture lies in meeting the increasing demand for innovative architectural solutions while minimizing its impact on the ecosystem. The objective of this research is to investigate the innovative and efficient use of environmentally friendly materials, aiming to integrate eco-friendly design strategies into a proposed holiday resort in Diko, Niger State, Nigeria. The primary data collection methods for this research included questionnaires and observation schedules. The questionnaires were administered to 307 stakeholders of holiday resorts in Northern Nigeria, and observations were conducted at 8 holiday resorts in the same region. The data from the questionnaires was analyzed using the Likert scale, Relative Importance Index, and Mann-Whitney U-Test, while figures, charts, graphs, and tables were used to interpret the results obtained in this study. The findings indicate that the application of eco-friendly strategies and the use of suitable materials for holiday resorts in Northern Nigeria is relatively moderate, with a noticeable decline in the implementation of eco-friendly strategies. In conclusion, the management of pollution, utilization of available resources, preservation of ecological biodiversity, and the incorporation of eco-friendly materials in building design and construction are crucial for achieving a healthy and sustainable environment. This research recommends the adoption of eco-friendly strategies in the fight against climate change to achieve sustainable and healthier buildings.

TABLE OF CONTENT

Content	Page
Title Page	i
Cover Page	ii
Declaration	iii
Certification	iv
Dedication	v
Acknowledgements	vi
Abstract	vii
Table of Content	viii
List of Tables	xii
List of Figures	xiii
List of Plates	XV
List of Equations	xvii
List of Appendices	xviii

CHAPTER ONE

1.0	INTRODUCTION	1
1.1	Background to the Study	1
1.2	Statement of the Research Problem	2
1.3	Aim and Objectives	3
1.4	Research Question	4
1.5	Scope of the Study	4
1.6	Justification for the Study	5
1.7	Limitation of the Study	6

1.8	Site Location	6
1.9	Summary of Introduction	7

CHAPTER TWO

2.0	LITERATURE REVIEW	9
2.1.	Architecture of Ecology	9
2.2.	Ecology and Building Design	14
2.3.	Eco – Sustainable Buildings	14
2.4.	Eco-Friendly Building Design	15
2.5.	Application of Eco-Design Concept	21
2.6.	Holiday Resort	24
2.7.	Types of Holiday Resort	24
2.8.	Eco-Friendly Holiday Resort	27
2.9.	Environmental Impacts of Eco-Friendly Resort	28
2.10.	Eco-Friendly Building Materials	30
2.11.	Eco-Friendly Strategies	61
2.12	Case studies	74
2.13.	Summary of Literature Review	94

CHAPTER THREE

3.0	RESEARCH METHODOLOGY	95
3.1	Research Design	95
3.2	Variables	96

3.3	Research Considerations	98
3.4	Research Instruments	99
3.5	Sampling	100
3.6	Data Types	101
3.7	Method of Data Analysis	101
3.8	Summary of Research Methodology	105
CHAI	PTER FOUR	
4.0	RESULTS AND DISCUSSION	107
4.1	Background to Results	107
4.2	Objective One: Identify Eco-Friendly strategies being applied in Holiday resort buildings in Northern Nigeria	111
4.3	Objective Two: Investigating Eco-Friendly materials suitable for holiday resort buildings in Northern Nigeria	114
4.4	Objective Three: Examining the Eco-Friendly strategies that can be applied for Holiday Resort Buildings in Northern Nigeria	116
4.5	Objective Four: Integration of Eco-Friendly Design Strategies and Eco- Friendly Materials in Proposed Holiday Resort Building in Diko Niger State	118
4.6.	Results and Discussion	137

CHAPTER FIVE

5.0	CONCLUSION AND RECOMMENDATIONS	139
5.1	Conclusion	139
5.2	Recommendations	140
5.3	Contributions to Knowledge	140
REFI	REFERENCES	
APE	APENDICES	

LIST OF TABLES

Table	Title	Page
2.1	Alternative building materials and systems	57
2.2	Waste management projects and their description	71
3.1	Rank and scale for possible perceptions	103
3.2	The two major nominal variables analysed	103
3.3	Research Methodology	105
4.1	Results of questionnaires on collection	106
4.2	Case Processing Summary for all variables	108
4.3	Reliability Statistics for all variables	108
4.4	Eco-Friendly strategies being applied in Holiday resort buildings in Northern Nigeria	112
4.5	Eco-Friendly materials suitable for holiday resort buildings in Northern Nigeria	114
4.6	Eco-Friendly materials suitable for holiday resort buildings in Northern Nigeria	115
4.7	Eco-Friendly strategies that can be applied for Holiday Resort Buildings in Northern Nigeria	116
4.8	Eco-Friendly strategies that can be applied for Holiday Resort Buildings in Northern Nigeria	117
4.9	Mann-Whitney Test Ranks	119
4.10	Independent-Samples Mann-Whitney U Test Summary for Strategies and Materials with Grouping Variable: Category of respondents	132
4.11	Experience of the holiday resorts visited in the Northern Nigeria	122
4.12	Eco-Friendly design strategies and materials	133

LIST OF FIGURES

Figure	Title	Page
2.1	Building interaction with the surrounding factors	11
2.2	Eco-Friendly Building Materials	31
2.3	Eco-Friendly Building Materials	62
2.4	Different types of shading devices	68
2.5	Typical floor plan of PricewaterhouseCoopers	74
2.6	Bank of America' building services system	77
2.7	Basement plan	79
2.8	Ventilation design	79
2.9	Cooling and Water system	80
2.10	Ground floor plan	82
2.11	Approach elevation	83
2.12	Roof plan	84
2.13	Daylighting diagram	85
2.14	Ground floor plan	87
2.15	Site and ground floor plan	90
2.16	Clock Shadow Building material data	90
2.17	Clock Shadow Building ventilation and water flow design	91
4.1	Category of respondents	108
4.2	Respondents' years of experience	109
4.3	Age of observed holiday resorts	110
4.4	Eco-Friendly Strategies in Resort Centres in the Northern	111
	Nigeria	
4.5	Eco-Friendly strategies being applied in Holiday resort buildings	112
	in Northern Nigeria	
4.6	Eco-Friendly Materials in Resort Centres in the Northern Nigeria	114
4.7	Test Summary for Strategies and Materials	119
4.8	Eco-Friendly strategies and use of materials suitable for Holiday	120
	Resorts in Northern Nigeria based on the application	
4.9	General experience of the holiday resorts visited in the Northern	122
	Nigeria	

4.10	Scattered diagram of the Eco Friendly strategies and materials of	123
	sampled holiday resorts in the Northern Nigeria	
4.11	Site topography from Google earth	125
4.12	Average Sun Hours for Diko	126
4.13	Average Temperature for Diko	127
4.14	Site analysis	129
4.15	Design Concept	129
4.16	Details of the Proposed Holiday resort	134
4.17	Details of the Proposed Holiday resort	135
4.18	Details of the Proposed Holiday resort	136

LIST OF PLATES

Plate	Title	Page
Ι	Biophilic interior	9
II	Reclaimed steel construction	35
III	Recycled plastic bottles	37
IV	Sheep wool insulation	39
V	Bamboo stalk	40
VI	Straw bales for insulation	41
VII	Plant-based Polyurethane Rigid Foam	42
VIII	Precast concrete slabs	43
IX	Cork	47
Х	Reclaimed wood	49
XI	Rammed earth wall	50
XII	Hempcrete construction	51
XIII	Mycelium	51
XIV	Ferrock	52
XV	Timbercrete construction	53
XVI	Terrazzo	54
XVII	Casa Felderhof by Pavol Mikolajcak Architekten on a Sloping plot	63
XVIII	Green building covered with plants	65
XIX	PricewaterhouseCoopers Exterior façade	74
XX	PricewaterhouseCoopers circulation at entry	75
XXI	Bank of America façade	76
XXII	Council House 2's façade	78
XXIII	Cor façade	82
XXIV	Green and paved walkways	83
XXV	integration of green, pool and paved walkway	85
XXVI	Merritt Crossing Senior Apartment's façade	87
XXVII	Clock Shadow Building façade	89
XXVIII	Bullitt Centre façade	92

Equation	Title	Page
1	Number of responses	114
2	Sum of responses	114
3	Mean	114
4	Mode	114
5	Median	114
6	First scale	114
7	Second scale	115
8	Third scale	115
9	Fourth scale	115
10	Fifth scale	115
11	Mann-Whitney U-Test value 1	116
12	Mann-Whitney U-Test value 2	116
13	Mann-Whitney U-Test	116
14	Expected value of U	116
15	Standard error of U	116
16	Statistics value (z-value)	116
17	Effect size	117
18	Relative Importance Index (RII)	118
19	Trend line equation for the observations made	136

LIST OF EQUATIONS

LIST OF APPENDICES

Appendix	Title	Page
Ι	QUESTIONNAIRE	150
II	OBSERVATION SCHEDULE I (CHECKLIST)	153
III	OBSERVATION SCHEDULE II	154
IV	SITE IMAGE 1 @3.06km EYE ALTITUDE	155
V	SITE CONTOUR @1.66km EYE ALTITUDE	155
VI	SITE PLAN	156
VIII	FLOOR PLAN	157
IX	FLOOR PLAN	158
X	SECTION A-A	157
XI	BIRD'S EYE VIEW	158
XII	ENTRANCE 3D	158