

FEDERAL UNIVERSITY OF TECHNOLOGY, MINNA.
SCHOOL OF SCIENCE AND TECHNOLOGY EDUCATION,
DEPARTMENT OF SCIENCE EDUCATION
SECOND SEMESTER EXAMINATION 2019/2020 SESSION

COURSE CODE: EDU 323/521

COURSE TITLE: Guidance and Counseling

TIME: 2 Hours

INSTRUCTION: Answer question one and any other two

- (1a).** Define the terms Guidance and Counselling
- (b).** Narrate briefly the history and development of guidance and counseling in Nigeria
- (c).** Write short note on any three (3) of the following counselling theories
- (i)** Behavioral Counselling Theory
 - (ii)** Eclectic Theory
 - (iii)** Rational Emotive Theory
 - (iv)** Client Centered Theory
 - (v)** Gestal Psychology Theory
- (2).** Briefly explain the following
- (i)** Five (5) goals of guidance and counselling
 - (ii)** Three (3) function of guidance and counselling
 - (iii)** Six (6) counselling Skills
 - (iv)** Six (6) personal characteristics of a counsellor
- (3a).** List all the concepts that constitutes the following:
- (i)** Counselling Ethics
 - (ii)** Counseling Techniques
 - (iii)** Counselling Services
 - (iv)** Counselling Principles
- (b).** Describe clearly any four (4) of the concepts that constitutes each of the terms in 3(a) above

(4a). (i) Outline the characteristics of an effective counsellor

(ii) Differentiate between the following

(a) Sympathy and Empathy

(b) Knording and Proding

(4b). Briefly analyse any three (3) curriculum involve in training counsellors

(5). How will you offer guidance and counselling help to students who are experiencing any four(4) of these life challenges on campus?

i. Drug abuse

ii. Poor academic performance

iii. Career choice

iv. Examination Malpractice

v. Laziness

vi. Pride

Goodluck