

ORIGINAL CONTRIBUTION

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Acute and sub-acute toxicity profile of crude extract and fractions of *Gymnema sylvestre*

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Abstract

Background: *Gymnema sylvestre* is a reputable medicinal plant commonly explore for the management of diabetes and other ailments in traditional medicine. In the present study, we investigated the phytochemical compositions and effect of crude extract, hexane, and ethyl-acetate fractions of *Gymnema sylvestre* on biochemical and hematological parameters of Wistar rats.

Methods: Albino rats were distributed randomly into a control group and nine treatment groups orally administered crude extract and fractions of *Gymnema sylvestre* (100, 300, and 600 mg/kg BW) for 21 days. Liver and kidney function indices, as well as hematological parameters, were monitored.

Results: Our results revealed that the crude methanol extract contains flavonoids (8.56 ± 0.50 mg/g), alkaloids (13.84 ± 0.67 mg/g), total phenol (1.98 ± 0.50 mg/g), saponins (23.85 ± 0.35 mg/g) and tannins (16.00 ± 0.34 mg/g). The crude methanol, ethyl acetate and n-hexane fractions of *Gymnema sylvestre* had LD₅₀ greater than 5000 mg/kg BW in acute oral toxicity test. The extract and fractions at 300 and 600 mg/kg BW cause loss of body weight of the rats, significantly altered ($p < 0.05$) the levels of biochemical indices including the aspartate transaminases, alanine transaminase, alkaline phosphates, bilirubin, proteins, urea, creatinine, and white blood cells (WBC) counts when compared with the non-treated control. However, the extract and fractions at 100 mg/kg BW did not cause any significant ($p > 0.05$) alterations to the levels of biochemical and hematological parameters when compared with the non-treated control.

Conclusion: *Gymnema sylvestre* at sub-acute doses of 300 and 600 mg/kg BW could compromise the functional integrity of the rats' liver and kidney. The study, therefore, suggested the use of *Gymnema sylvestre* for oral remedy at a dose of 100 mg/kg or below.

Keywords: Acute and sub-acute toxicity, *Gymnema sylvestre*, Biochemical, Hematological

Background

Medicinal plants have been globally used in folk medicine for the management and treatments of several diseases. With an estimate of about 80% of the world's population relying on medicinal plants to meet their primary health care needs [1]. Medicinal plants offer

attractive opportunities for drug discovery and development [2]. Furthermore, a myriad of these plants commonly used in traditional medical systems has been scientifically validated for their biological activities in in vitro and in vivo models. However, despite the growing scientific evidence of the therapeutic efficacy of medicinal plants [3], studies have indicated that the biological activities of some of these plants are concomitantly associated with adverse effects on the biological system, especially when consumed over a long period of

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time [4, 5]. Therefore, the safety evaluation of medicinal plants intended for use as oral remedies holds an important aspect of drug development from the natural products. The safety of these plants is, however, further jeopardized by the unhygienic and unethical processing, lack of quality controls, appropriate labeling and dosage [6]. Herbal consumers, therefore, need to be informed of the safety and appropriate use of these plants. Consequently, studies aimed at contributing to the scanty information on the possible toxic effects of these plants on the biological system are increasing [7]. Furthermore, in vivo acute, sub-acute, chronic, and sub-chronic toxicity studies are the most widely accepted experimental strategies for assessing the safety or toxicity of medicinal plants as data generated from these studies holds a translational relevance in humans.

Gymnema sylvestre is an indigenous herb of the Apocynaceae family commonly found in Africa, India, China, and Australia [8]. It is a reputable medicinal plant commonly used in traditional medicine for the treatment of diabetes, obesity, cancer, asthma, cardiovascular diseases, and several other diseases [9–13]. Gymnemasaponins and gymnemic acids are the most recognized phytoconstituents of *Gymnema sylvestre* [12, 14]. The leaves of this plant contain resin, flavonoid, phytin, alkaloids, tartaric acid, anthraquinones, phenols, tannins, stigmasterol, cardiac glycosides, quinones, hentriacontane, lupeol, pentatriacontane, and β -amyrin [15–17]. Pharmacologically, different extracts from *Gymnema sylvestre* have been reported for various biological activities including antidiabetic [18–20], antioxidants [21], antimicrobial [22], anti-obesity [23], hepatoprotective [24], anti-inflammatory [25], and anticancer [26] activities. Although this plant has been proven therapeutically valuable both in the traditional medical system and experimental studies, literature survey revealed scanty scientific information on its safety and toxicity to the biological system. The objective of this study is, therefore, to investigate the effects of oral administration of crude methanol, ethyl acetate, and n-hexane fractions of *Gymnema sylvestre* by monitoring its effects on function indices of liver and kidney, and hematological parameters of albino rats.

Methods

Plant sample collection and extraction

The whole plant *Gymnema sylvestre* plant was collected from Bida farm in Niger State. The plant was identified and authenticated at the National Research Institute for Chemical Technology, Zaria. A voucher specimen, number NARICT/1613 was deposited at the Institute's herbarium for future reference. The plant was rinsed under clean running water, air-dried, and pulverized. The powdered sample was stored in an airtight container until it

is ready for use. Six hundred gram (600 g) of powdered *Gymnema sylvestre* plant sample was extracted with methanol (2.5 l) using a reflux extractor. The crude extract yield was 5%. The crude extract (30 g) was partitioned between n-hexane (1500 mL) and ethyl acetate (600 mL) using a separating funnel to yield n-hexane (1.03%) and ethyl acetate (2.4%) fractions which were concentrated using a rotary evaporator. The concentrated extract and fractions were stored in a refrigerator at 4 °C.

Analysis of phytochemical compositions

The total flavanoid contents of the crude extract were estimated using a spectrophotometer based on the formation of a flavanoid-aluminum complex that absorbs maximally at 415 nm [27]. Total phenol was estimated using Folin-Ciocalteu reagent protocol [28]. The total alkaloids were quantitatively estimated spectrophotometrically at 565 nm using vincristine as standard [29]. The tannin content was determined using the Folin Denis reagent. The amount of tannin was calculated as tannic acid equivalent from the standard curve [30]. A gravimetric method of AOAC [31], was used for saponin determination in the samples.

In vivo acute and sub-acute toxicity study

Experimental animals

Adult albino rats (Mean weight = 126.45 ± 3.45 g) were obtained from the animals holding unit of Department of Biochemistry, Benue State University, Nigeria. The in vivo animal experiments was conducted in strict compliances with the principles governing the use of laboratory animals as laid out by the Federal University of Technology, Minna Committee on Ethics for Medical and Scientific Research as contained in the Animal Care Guidelines and Protocol Review of National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85–23, 1985).

Acute toxicity

The acute oral toxicity test of the crude methanol extract, and n-hexane and ethylacetate fractions of *Gymnema sylvestre* were evaluated in albino rats using Lorke's method as reported by Muhammad et al. [32].

Subacute toxicity

A total of fifty albino rats were randomly assigned into ten [10] groups of 5 rats each. Based on our previous study which indicated that *Gymnema sylvestre* exhibited therapeutic activities at doses range of 100 ~ 600 mg/kg BW, we selected 3 doses within the range for our sub-acute toxicity study. Single daily doses of 100, 300, and 600 mg/kg BW of each crude extract, n-hexane, and ethyl acetate fractions of *Gymnema sylvestre* were

administered to groups 1–9 while the 10th group served as the control group and received 0.5 ml of normal saline. All treatments were administered orally once daily using an oral cannula for 21 days. The rats were observed daily for any signs of toxicity, and their body weights were recorded throughout the experimental period.

Collection of blood samples

The collection of blood sample for biochemical and hematological analyses were as described previously [33, 34]. Briefly, after the 21th extract administrations, the animals were fasted overnight but had free access to water. The animals were then euthanized using diethyl ether and the blood samples were collected by cardiac puncture into heparinized and non-heparinized bottles and process [35], for hematological and biochemical investigations respectively.

Analysis of biochemical parameters

All biochemical analyses were conducted using the Randox Diagnostic kit (Randox Laboratories Ltd., Crumlin, UK). Alanine transaminase (ALT) was analyzed on the principle of the catalytic action of ALT on alanine and α – oxoglutarate to form pyruvate and glutamate [36]. Aspartate transaminase (AST) was measured by monitoring the concentration of oxaloacetate hydrazone formed with 2, 4 – dinitrophenylhydrazine [37]. Serum total protein concentration was estimated based on the principle that cupric ions in an alkaline medium interact with protein peptide bonds resulting in the formation of a colored complex which absorbed maximally at 546 nm [38]. The bilirubin assay was based on the reaction between bilirubin and diazotized sulphanilic acid in an alkaline medium to form a blue colored complex which absorbed at 578 nm [39]. Albumin concentration was assayed based on its quantitative binding to the indicator 3, 3', 5, 5'-tetrabromo-cresol sulphonephthalein (bromocresol green, BCG) [40]. The albumin-BCG-complex absorbs maximally at 578 nm, the absorbance is directly proportional to the concentration of albumin in the sample. For creatinine assay, creatinine in alkaline solution reacts with picric acid to form a colored complex [41]. The amount of the complex formed is directly proportional to the creatinine concentration. Urea on the other one was estimated spectrophotometrically based on Berthelot's reaction; urea hydrolysis to ammonia in the presence of urease [42].

Analysis of hematological parameters

The hematological parameters including hemoglobin concentrations, levels of packed cell volume (PCV) the red blood cells (RBC) counts, white blood cells (WBC) counts, mean-corpuscular hemoglobin [43], mean

corpuscular volume (MCV), mean corpuscular hemoglobin concentration (MCHC) were estimated using automated hematologic analyzer (Sysmex, KX-21, Japan) as described by Dacie and Lewis [44].

Data analysis

All analysis was conducted in triplicate and analyzed using statistical package for social science (SPSS) version 16 and presented as means \pm standard error of the mean. One-way analysis of variance (ANOVA) at $p < 0.05$ were used for comparing the significant differences between treatment groups.

Results

Preliminary phytochemical compositions and acute toxicity

The crude methanol extract of *G. sylvestre* whole plant contains flavonoids (8.56 ± 0.50 mg/g), alkaloids (13.84 ± 0.67 mg/g), total phenol (1.98 ± 0.50 mg/g), saponins (23.85 ± 0.35 mg/g) and tannins (16.00 ± 0.34 mg/g) (Table 1). The crude methanol, ethyl acetate and n-hexane fractions of *Gymnema sylvestre* had LD₅₀ greater than 5000 mg/kg BW in acute oral toxicity test (Table 2).

Effect of crude extract and fractions of *Gymnema sylvestre* on hematological parameters in wister rats

There were no significant differences ($p > 0.05$) in RBC, PCV, HB, MCV, and MCHC of all extract-treated groups when compared with the control group. White blood cell concentrations on the other hand decrease ($p < 0.05$) in all treatment groups compared to the control (Table 3).

Effect of crude extract and fractions of *Gymnema sylvestre* on serum biochemical parameters in albino rats

The concentrations of AST, ALT, ALP, bilirubin, and proteins concentrations were significantly higher in the serum of rats treated with 300 and 600 mg/kg BW when compared with the control, while those treated with 100 mg/kg body weight compared well ($p > 0.05$) with the control (Fig. 1, 2, 3, 4 and 5). All the doses of crude methanol and n-hexane fraction of *Gymnema sylvestre* significantly decreases the serum albumin concentrations

Table 1 Qualitative and quantitative phytochemical constituents of methanol extract of *G. sylvestre* whole plant

Phytochemical constituents	Qualitative	Quantitative (mg/g)
Flavonoids	+	8.56 ± 0.50
Total phenol	+	1.98 ± 0.50
Alkaloids	+	13.84 ± 0.67
Saponins	+	23.85 ± 0.35
Tannins	+	16.00 ± 0.34

Table 2 Acute oral toxicity of *Gymnema sylvestre* plant extracts in rats

Dose (mg/kg bodyweight)	Extract	Number of death	Behavioral changes
Phase 1			
10	Crude methanol	0/3	none
	N-hexane	0/3	none
	Ethylacetate	0/3	none
100	Crude methanol	0/3	none
	n-hexane	0/3	none
	Ethylacetate	0/3	none
1000	Crude methanol	0/3	none
	n-hexane	0/3	none
	Ethylacetate	0/3	none
Phase 2			
1600	Crude methanol	0/3	none
	n-hexane	0/3	none
	Ethylacetate	0/3	none
2900	Crude methanol	0/3	none
	n-hexane	0/3	none
	Ethylacetate	0/3	none
5000	Crude methanol	0/3	none
	n-hexane	0/3	none
	Ethylacetate	0/3	none

when compared with the normal control group, while those treated with 300 and 600 mg/kg bodyweight of ethyl acetate fraction shows a higher concentration of albumin when compared with their parental counterpart (Fig. 6). Among the treatment concentrations tested, only 600 mg/kg BW of the extract and fractions significantly decreases the serum urea concentration (Fig. 7) while increasing serum creatinine (Fig. 8) concentrations when compared with the control counterpart.

Effect of crude extract and fractions of *Gymnema sylvestre* on body weight changes of albino rats

There was significant loss of bodyweight in rats treated with 300 and 600 mg/kg BW of crude extract and fractions of *Gymnema sylvestre* when compared with the control group and those treated with 100 mg/kg BW of the crude extract and fractions (Table 4).

Discussion

Recently, much attention has been focused on using natural products as an alternative therapy for the treatment of different ailments including diabetes mellitus. Phytochemicals are bioactive plant compounds that are responsible for various biological activities and toxicological virtue [45]. The presence of significant amounts of flavonoids, alkaloids, saponins, tannins, and phenols (Tables 1 and 2) justified the traditional usage of *Gymnema sylvestre* for lipid-lowering purposes and for treating diabetes and obesity among others. Previous study has also indicated the presence of flavonoids, alkaloids, saponins, tannins, and phenols in methanol extract of *Gymnema sylvestre* [20]. The antidiabetic effect of this plant have been reportedly linked to different mechanisms involving each of the above-mentioned phytoconstituents [46]. In addition, the flavonoids, alkaloids, saponins, tannins, and phenols identified in the

Table 3 Effect of crude extract and fractions of *Gymnema sylvestre* on Hematological Parameters in rats

Extract/Dose (mg/kg bodyweight)	Hb (g/dl)	PCV (%)	MCV (fl)	MCHC (g/dl)	RBC ($\times 10^{12}$ /dl)	WBC ($\times 10^9$ /dl)
Normal	14.50 \pm 0.50 ^b	52.00 \pm 1.00 ^b	56.50 \pm 1.50 ^b	30.50 \pm 0.50 ^a	8.10 \pm 0.60 ^a	8.00 \pm 1.00 ^c
Ethylacetate 100	14.00 \pm 2.00 ^b	52.00 \pm 4.00 ^b	58.50 \pm 0.50 ^c	31.50 \pm 2.50 ^b	7.40 \pm 0.10 ^a	7.00 \pm 0.50 ^b
Ethylacetate 300	13.50 \pm 0.50 ^a	50.00 \pm 1.00 ^a	57.50 \pm 0.50 ^b	29.50 \pm 0.50 ^a	7.70 \pm 0.10 ^a	7.50 \pm 0.50 ^b
Ethylacetate 600	15.00 \pm 2.00 ^c	49.00 \pm 1.00 ^a	58.50 \pm 0.50 ^c	31.50 \pm 1.50 ^b	8.25 \pm 0.35 ^a	6.50 \pm 0.50 ^{ab}
N-hexane 100	14.50 \pm 0.50 ^b	52.00 \pm 0.01 ^b	57.50 \pm 0.50 ^b	31.00 \pm 1.00 ^b	8.00 \pm 0.40 ^a	7.00 \pm 0.50 ^b
N-hexane 300	14.00 \pm 0.10 ^b	50.50 \pm 0.50 ^a	57.50 \pm 0.50 ^b	31.50 \pm 1.50 ^b	7.30 \pm 0.40 ^a	7.50 \pm 0.50 ^b
N-hexane 600	15.00 \pm 3.00 ^c	50.00 \pm 1.00 ^a	56.50 \pm 0.50 ^a	30.50 \pm 1.50 ^a	7.90 \pm 0.10 ^a	5.50 \pm 0.50 ^a
Crude 100	14.50 \pm 0.50 ^b	51.50 \pm 3.50 ^b	57.50 \pm 2.50 ^b	31.00 \pm 0.01 ^b	8.20 \pm 0.40 ^a	7.50 \pm 0.50 ^b
Crude 300	14.50 \pm 2.50 ^b	49.50 \pm 0.50 ^a	58.50 \pm 0.50 ^c	31.50 \pm 1.50 ^b	7.55 \pm 0.50 ^a	7.00 \pm 0.01 ^b
Crude 600	13.50 \pm 0.50 ^a	52.50 \pm 0.50 ^b	58.50 \pm 0.50 ^c	31.50 \pm 2.50 ^b	7.90 \pm 0.10 ^a	5.50 \pm 0.50 ^a

Data are Mean \pm SEM of triplicate determinations. Mean with different superscripts alphabet differ significantly ($p < 0.05$). Key: Hb = hemoglobin, PCV = packed cell volume, MCV = mean cell volume, MCHC = mean cell hemoglobin concentration, RBC = red blood cells, WBC = white blood cells

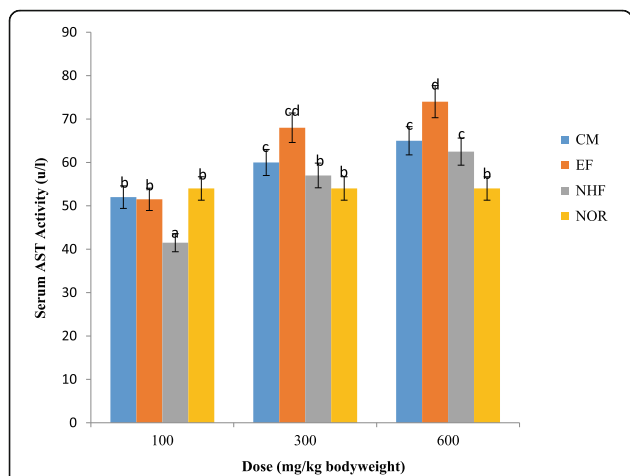


Fig. 1 Effect of crude extract and fractions of *Gymnema sylvestre* on serum aspartate aminotransferase of rats. Mean with different superscripts differ significantly ($p < 0.05$). Key: NOR: normal control, CM: crude methanol extract, EF: ethyl acetate fraction, NHF: n-hexane fraction

methanol extract of *Gymnema sylvestre* have been reported for antioxidant, anti-diabetics, anti-cancer, anti-microbial, anti-parasitic, anti-hypertensive, analgesic anti-inflammatory and several other biological activities [47–50]. Though medicinal plants are widely accepted and used in the treatment of many diseases, their toxicity must not be ignored.

However, in addition to the biological activities of the phytochemicals identified in the methanol extract of *Gymnema sylvestre*, various studies have also linked the toxicity of various plant to the presence of these phytochemicals [45, 47, 51]. It is therefore become relevant to access the safety of *Gymnema sylvestre*. Acute toxicity is

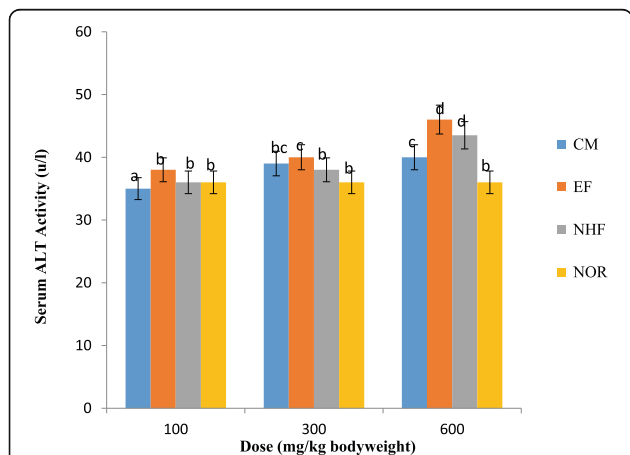


Fig. 2 Effect of crude extract and fractions of *Gymnema sylvestre* on serum alanine aminotransferase of rats. Mean with different superscripts differ significantly ($p < 0.05$). Key: NOR: normal control, CM: crude methanol extract, EF: ethyl acetate fraction, NHF: n-hexane fraction

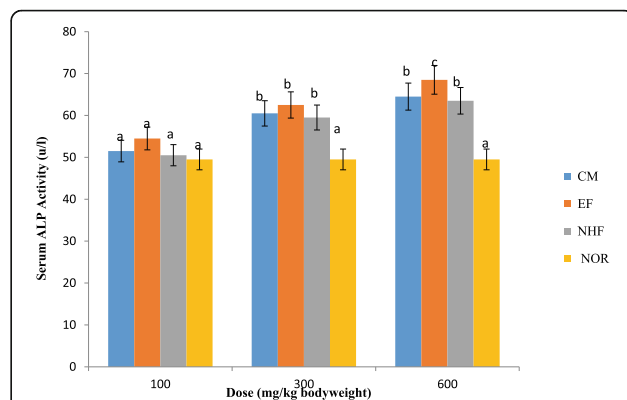


Fig. 3 Effect of crude extract and fractions of *Gymnema sylvestre* on serum alkaline phosphatase activities of rats. Mean with different superscripts differ significantly ($p < 0.05$). Key: NOR: normal control, CM: crude methanol extract, EF: ethyl acetate fraction, NHF: n-hexane fraction

the adverse effects that occur within 24 h of ingesting a single dose of substance [52]. Results of the present study suggested that the crude extract, n-hexane, and ethyl-acetate fractions of *G. sylvestre* exhibited a high degree of safety with LD₅₀ greater than 5 kg/BW. Thus can be categorized as non-toxic extract (Class 5) in accordance to the guideline of Organization for Economic Cooperation and Development (OCED) on acute oral toxicity testing based on LD₅₀.

Kifayatullah et al. [32] however, suggested that plant extract with the high safety profile in the acute study may elicit toxic effect to the biological system upon sub-acute administration, therefore, a plant extract that is commonly used for long term management of diseases like diabetes, cancer, and high blood pressure must be further evaluated for its safety in the sub-acute treatment regime. Sub-acute toxicity is the toxicity that

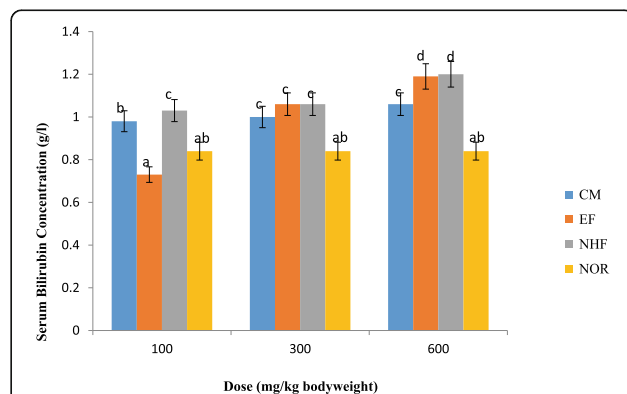
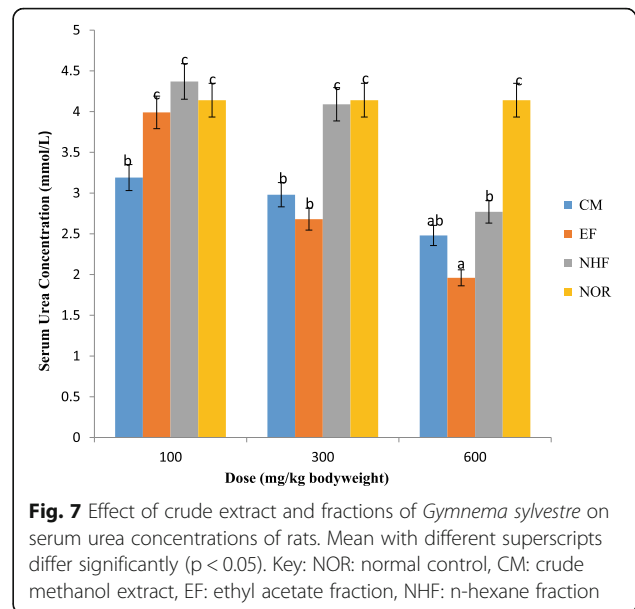
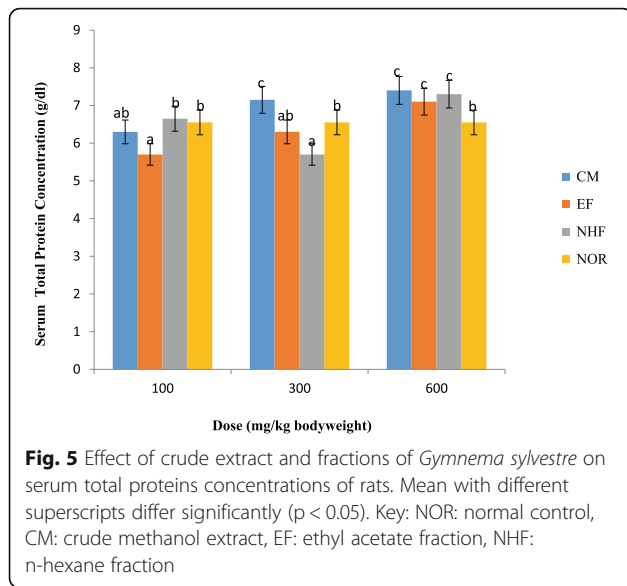


Fig. 4 Effect of crude extract and fractions of *Gymnema sylvestre* on serum bilirubin concentrations of rats. Mean with different superscripts differ significantly ($p < 0.05$). Key: NOR: normal control, CM: crude methanol extract, EF: ethyl acetate fraction, NHF: n-hexane fraction



manifests over repeated and long term dosing of a substance, drug, or plant extract [53]. Therefore, as *Gymnema sylvestre* is reportedly used for long term management of diabetes, we evaluated its safety for such use.

Adverse effects arising from sub-acute plant administrations manifest on vital organs especially the liver and kidney due to their involvement in the metabolism of the substance [54]. Therefore, evaluation of biochemical parameters holds a pivotal position in assessing the

integrity of the liver and kidney following possible assault from repeated administration of plant extract.

The most relevant and widely used biochemical parameters in assessing liver integrity include AST, ALT, ALP, total proteins, albumins, and bilirubins [55, 56]. These enzymes and proteins were primarily found in the liver and are released in a substantial amount to the serum when the liver's integrity has been compromised [57, 58]. Consequently, 21 days' administrations of crude methanol, ethyl acetate, and n-hexane fractions of

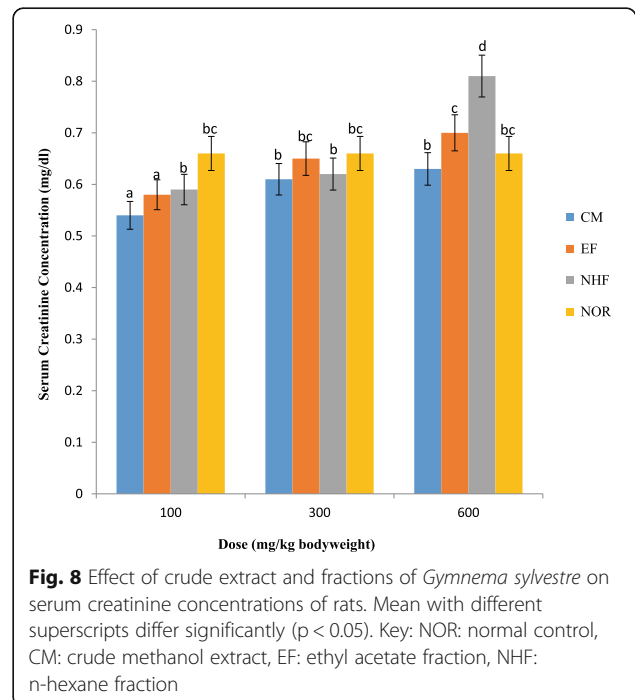
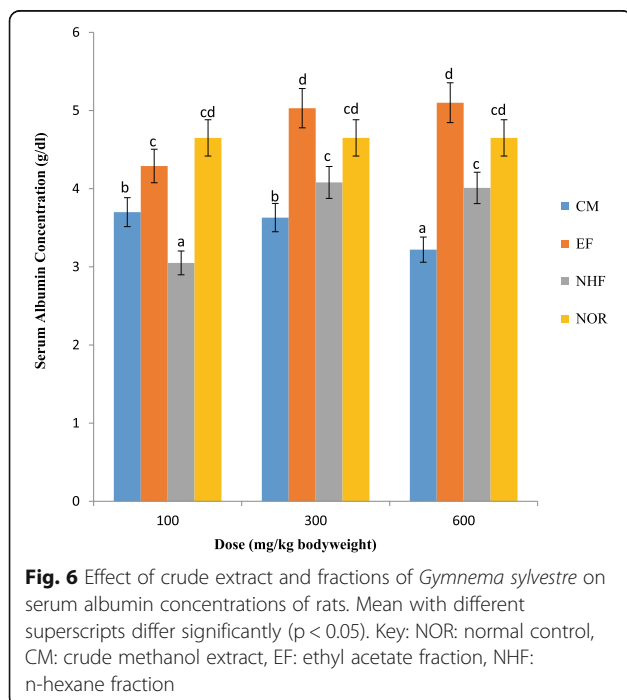


Table 4 Effect of crude extract and fractions of *Gymnema sylvestre* on bodyweight gain of albino rats

Weight	Before Treatment	After treatment	Weight gain/loss
Normal	182.07 ± 11.28	192.58 ± 12.63	10.51
crude100mg/kgbw	164.32 ± 11.09	161.17 ± 8.44	3.15
crude300mg/kgbw	143.60 ± 5.42	127.25 ± 6.83	-16.35
crude600mg/kgbw	152.97 ± 4.11	136.61 ± 0.45	-16.36
ethylacetate100mg/kgbw	152.49 ± 16.98	157.09 ± 16.26	4.60
ethylacetate300mg/kgbw	125.81 ± 5.18	122.20 ± 4.34	-3.61
ethylacetate600mg/kgbw	164.52 ± 5.02	160.56 ± 6.12	-3.96
nhexane100mg/kgbw	178.87 ± 0.52	184.75 ± 3.13	5.88
nhexane300mg/kgbw	142.89 ± 12.19	140.66 ± 4.99	-2.23
nhexane600mg/kgbw	166.32 ± 3.96	170.34 ± 2.26	4.02

Data are Mean ± SEM of triplicate determinations

Gymnema sylvestre at 300 and 600 mg/kg BW significantly upregulated the activities of AST, ALT, ALP, total proteins, and bilirubin in the serum of albino rats when compared with the non-treated control. As mentioned earlier, these upregulations of biochemical indices of liver integrity are secondary events that follow liver assault. The bioactive components in the *Gymnema sylvestre* crude extract and fractions must have interacted and assaulted the liver cells through a yet unidentified mechanism. However, it is clear from these findings that *Gymnema sylvestre* at sub-acute doses of 300 and 600 assaulted the liver and thus should be discouraged for use as an oral remedy at a dosing of 300 mg/kg BW or above.

Urea and creatinine are important excretory metabolites and are widely accepted clinical markers of kidney integrity [59]. Unfortunately, treatments of albino rats with crude methanol, ethyl acetate, and n-hexane fraction of *Gymnema sylvestre* at 600 mg/kg significantly decrease the serum urea concentration (Fig. 7) while increasing serum creatinine (Fig. 8) concentrations when compared with the control counterpart. This alteration is an indication of a compromised kidney function, the altered protein metabolism and expression as observed above (Fig. 3) could be implicated in the observed trends of urea concentrations following the sub-acute extract administrations. Coherently with our findings, previous studies from our lab [60, 61] and others [34] have also reported significant alterations in the levels of urea and creatinine following sub-acute dosing of plant extract at a dose of 600 mg/kg BW or above.

As a carrier of genetic materials, nutrients, metabolites across the body, the hematopoietic system is one of the most important systems in human and are most susceptible to assaults by toxic substances, including toxic metabolite from plant extracts [62, 63]. Fortunately, there was no significant difference in RBC, PCV, HB, MCV, and MCHC counts in rats treated with crude methanol,

ethyl acetate, or n-hexane fraction of *Gymnema sylvestre* when compared with the non-treated control, suggesting that *Gymnema sylvestre* even at high dose does not mediate erythropoietic tendency of the animals. In line with our observation, Muhamed et al. [64] reported that the hematological profile of rats dosed *N. campestris* was not different from the control counterparts. However, the significant decrease in white blood cell (WBC) counts following treatments with 600 mg/kg BW crude extract and fraction suggested exhaustion of immune cells as a result of its engagement to ameliorate the stress induced by the bio-active components of the extract [63]. This will affect the animals' ability to fight further infection and thus compromise the overall health status of the animal.

According to Berinyuy et al. [62] loss of body weight is a reliable indicator of toxicity of a compound or plant extract. Consequently, our biochemical findings on *Gymnema sylvestre* at 300 and 600 mg/kg BW was further strengthened by the loss of body weight of rats treated with 300 and 600 mg/kg BW of crude extract and fractions. This loss of body weight could be attributed to altered metabolism or loss of appetite, resulting in in-adequate feed intake and consequently loss of tissue protein. Its however noteworthy, that the aberrant expression and activities of biochemical parameters and WBC counts observed in rats treated with 300 and 600 mg/kg BW of crude methanol, ethyl acetate, or n-hexane fractions of *Gymnema sylvestre* were completely absent in rats treated with 100 mg/kg BW dose. Thus indicating the safety of this plant for both acute and sub-acute administration at 100 mg/kg BW.

Conclusion

In conclusion, administration of crude methanol, ethyl acetate, and n-hexane fractions of *Gymnema sylvestre* at sub-acute doses of 300 and 600 mg/kg BW significantly altered the serum biochemical parameters in rats.

However, rats dosed with the same extracts at 100 mg/kg BW are devoid of biochemical anomalies when compared with the control counterpart. This study therefore, suggested the use of *Gymnema sylvestre* at dose of 100 mg/kg or below.

Abbreviations

ANOVA: Oneway analysis of variance; DMRT: Duncan's Multiple Range Test; SEM: Standard error of mean; AST: aspartate transaminases; ALT: alanine transaminase; ALP: alkaline phosphates; HB: hemoglobin; PCV: packed cell volume; RBC: red blood cells; WBC: white blood cells; MCH: mean-corpuscular hemoglobin; MCV: mean corpuscular volume; MCHC: mean corpuscular hemoglobin concentration (MCHC)

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Authors' contributions

All authors participate in research design. Author ROR, SSM & HFR conducted the research work and write the manuscript. Author HLM supervised the work and revised the manuscript while authors AA co-supervised and revised the work. All authors read and approved the final manuscript.

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Availability of data and materials

All data are presented in the manuscript.

Declarations

Ethics approval and consent to participate

The animal experiment was conducted in strict compliances with the principles for humane handling and use of laboratory animals as contained in the Animal Care Guidelines and Protocol Review of National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85–23, 1985).

Consent for publication

Not applicable.

Competing interests

The authors declared no conflict of interest exist.

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